

Secrets of Joy

by Jane Thomas, with Mary
Framptom-Price

*"You can be
the magic in
the world..."*

Out 6th
October



Secrets of Joy is a beautifully illustrated Christmas story, written in a classic style to be loved by all ages. In place of a traditional dedication is a 'Serving Suggestion', recommending readers snuggle up with someone special and discover the story together. Joy shows her best friend Hope how very easy it is to make some magic at Christmas - with special attention paid to weaving a little wonderful for even the smallest animals.



Jane has spent decades travelling the world and poking her nose into other people's lives, so it's perhaps unsurprising that her books are about adventures in obscure places with an intention to reveal hidden truths.

Oxford educated, she sees research as a sport and writing as an opportunity to share her discoveries.

Jane is often found with her van, Flo, armed with a large crocheted octopus and glaring at a cryptic crossword. If she isn't there, she'll be somewhere in Africa with her aged but faithful LandCruiser, Fred.



Born and raised in the USA, Mary began riding at the age of 5 and has never been far from a horse since. With a PhD from Boston College she spent most of her professional life in academia, before a somewhat whimsical late-life adventure when she moved to Cornwall with her English husband.

Replacing showjumping and cross-country gallops for gentle hacks along Cornish lanes, Mary spends her days with her former racehorse, Baz, his three rescued Dartmoor Pony sisters and - of course - Elly. When not peering out at the world from atop a horse, she can be found with her nose buried in a book.



Q. What is the purpose of the story?

To remind readers how anyone can do little things that make a difference in the world, emphasising how to help animals during the long winter months. It is a story to bring people together at Christmas and help them think of wonderful new ways that they too can be 'the magic in the world'.



Q. How is the book linked to the Cornwall Wildlife Trust?

With ideas and suggestions supported by the Trust, this book has been carefully researched and curated to provide useful, accurate - and enchanting - information to readers. £1 from the sale of every copy of *Secrets of Joy* goes to supporting the Cornwall Wildlife Trust.

www.cornwallwildlifetrust.org.uk



Q. What makes the books eco-friendly?

Produced as part of Books & Bicycles Press, the books are as eco-friendly as possible. They are printed in the UK on recycled paper and can only be bought either in local bookshops, at local markets or via a website; when bought from the site they are sent out in eco-friendly packaging via Royal Mail.



Q. Is the book relevant to schools?

Absolutely. This book is a follow on to *Secrets of Being Brave* and together they form the When We Are Brave Project, helping readers to learn to love the difficult days. The Project offers the chance for anyone to donate the books to schools and to organisations dealing with vulnerable adults. *Secrets of Joy* encourages readers to look beyond their own lives, and indeed their own version of what is 'normal', to see how they can be involved in making those smallest of changes that have the greatest of impacts. Teachers can use the book to talk about endangered species, friendship, kindness, and the simple art of spreading joy.



'Secrets of Joy'

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Available for interview? Yes!